



Now that
you're a new
U.Va. alum

**what's
next?**

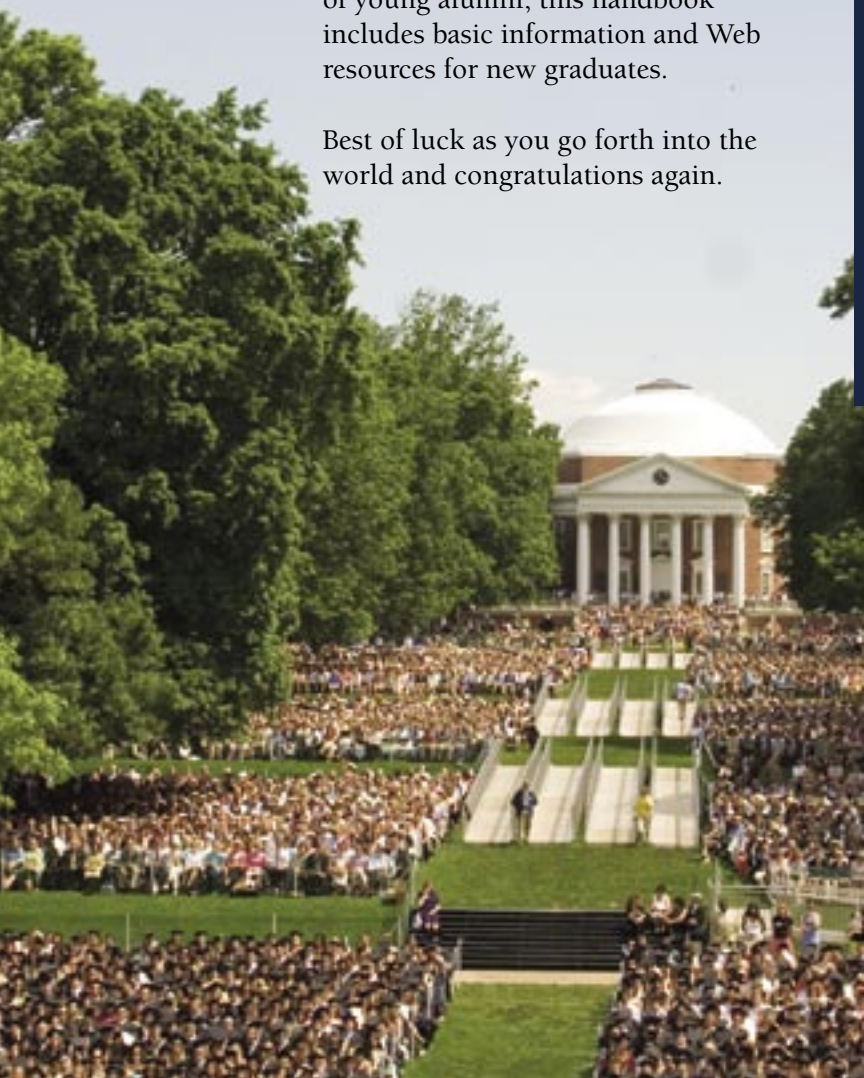
Young Alumni Handbook

Presented by the Young Alumni
Council of the University of
Virginia Alumni Association



Congratulations on your graduation and welcome to the family of University alumni. The Young Alumni Council—a group of alumni who have graduated within the past 12 years—has provided this handbook. As part of their mission to serve as advocates for the needs of young alumni, this handbook includes basic information and Web resources for new graduates.

Best of luck as you go forth into the world and congratulations again.



what's inside?

Young Alumni Concerns

Professional Development

Homecomings and Reunions

Alumni Hall

Athletics

Alumni Profiles

Returning to Charlottesville

Contact information

Staying Connected



Young Alumni Concerns

Congratulations! You've just recently graduated from the University, and now you have a new job in a new city. Maybe you are going to a graduate school in a new place? Here are a couple of resources that may be helpful in your transition to the "real world." Check out the Web site of the local U.Va. alumni club of your new home at www.uvaclubs.com. The Web site should have some recommendations of things to do, places to see and be seen, and tips to help you adjust to your new city.

Use the following checklist to help make the move less stressful!

Relocating to a new city?

BEFORE THE MOVE

1. Study company relocation policy to see what expenses are covered and which vendors are approved
2. Check which moving expenses will be tax deductible
3. Find a realtor in your new city if buying a home
4. Estimate the amount you can spend on a condo, apartment, house
5. Update your address book of friends and relatives. Make a list of people you need to notify about your move, and send out an e-mail or change of address cards
6. Obtain information of area religious institutions in your new city
7. Check how to obtain a new driver's license and license plates
8. Contact an agent for renter's and auto insurance
9. Select a new bank, establish accounts and a safe deposit box
10. Plan how you will arrange furniture in your new residence, and make a list of things you will need to buy
11. Obtain contact information and requirements (such as deposits) for utilities
12. Arrange for transfer of school records, and get a copy of your transcript
13. Schedule pickup and delivery dates with your mover and arrange storage, if needed

14. For high value items you will be shipping, obtain an appraisal and gather receipts
15. Gather personal records from doctors, dentists, lawyers, accountants, schools, religious institutions
16. Gather personal records from doctors, dentists, lawyers, accountants, schools, religious institutions
17. Notify current utilities—gas, phone, electric, water, cable TV—of disconnect dates and forwarding address
18. Contact new utilities to tell them when to commence service
19. Notify your credit card companies of change of address
20. Settle any outstanding bills
21. Obtain veterinary records and licenses, get new tags if needed, and arrange for pets' transportation
22. If you are moving from a high-rise, reserve the elevator for moving day

AFTER THE MOVE

1. Test security and smoke alarms of your new place
2. Get local emergency numbers and post them prominently
3. Get a professional to set up appliances like a gas dryer, range, or refrigerator
4. Change locks on all doors
5. Set up cable or satellite service
6. Find the right cellular phone service
7. Get a new safety deposit box at your bank
8. Get a local map and learn your way around
9. Send in claims for damages during the move
10. Submit moving expenses to your employer
11. Compile receipts of the move for tax purposes
12. Go to the DMV for new plates and registration of your vehicles
13. Check your home warranty coverage
14. Find a new veterinarian, doctor, dentist
15. Transfer your 401K to your new employer
16. Keep in touch with old friends. Look up friends in your new city on HoosOnline.
17. Take a road trip and learn about your state
18. Get a restaurant guide
19. Throw a house warming party!

Professional Development

It's all about the real world. Have a job? Need a job? As a U.Va. grad, you have access to a wealth of information and help.

- Alumni Career Services Center
- www.alumni.virginia.edu/career/
- University Career Assistance Network (UCAN)
www.hoosonline.virginia.edu

Carter Hunter Hopkins, Ph.D.
Director, Alumni Career Services Center
Tel: 434-243-9018

- The Alumni Career Services Center (ACSC) is the primary point of contact for alumni seeking career advice and assistance. The ACSC works collaboratively with the other career services offices at the University (University Career Services, Commerce, Engineering, Architecture) to meet alumni career needs.
- ACSC is designed by the U.Va. Alumni Association to help alumni at various stages in their careers. Feel free to tap into the resources at the ACSC if one or more of the following apply:
- You recently graduated (from any U.Va. undergraduate or graduate program) and are trying to determine your career direction;

- You are in (or entering) a transition mode and want to fully explore career options and ideas;
- You are actively job searching and want assistance with strategies, networking, resume development, and/or interviewing techniques;
- You are weighing job offers and want assistance with negotiation salary and benefits;
- You are considering graduate education and want assistance with applications and essays; or
- You are seeking coaching on career management and professional development.

Thinking about graduate or professional school?

- ACSC can assist you with many of the steps involved in applying for graduate or professional school. Consultation appointments allow you to discuss how further education and training fits into your overall career goals and what types of programs best fit your objectives.
- **Preparation/Editing of Written Applications** - An individual consultation appointment will provide you with feedback and suggestions for the essay portion of your application. Appointments can also be used as a springboard to begin your writing process by clarifying your career goals and intentions for graduate study.
- **Interview Strategies** - Some graduate and professional programs require or offer a face-to-face interview as part of the application process. You can discuss interview questions and situations during an individual appointment as well as participate in a mock interview.
- **Resumé Critiques** - Bring in your resumé or e-mail a copy in preparation for a telephone appointment to receive feedback on all aspects of your resumé, from organization and style to quality content and effective wording. As an integral component to the application to graduate and professional schools, it is imperative that you ensure that your resumé accurately reflects all that you have accomplished and experienced.

continued

- **Credentials File** - U.Va. alumni are eligible to use the credentials management service, Interfolio (www.interfolio.com). This online service allows alumni to tailor the setup of their credentials file and access the file 24 hours a day, 7 days a week.
- **Recommendations** - A strong graduate or professional school application is a strategic mix of several key pieces—one of which are references who will write letters of recommendations for your application. It is critical to choose people who can address the relevant knowledge, competencies, and experiences that the graduate admissions committees will be looking for. During an individual consultation appointment we can think strategically about the recommendations that will bolster your application.
- **Transcripts** - In applying for jobs or higher education opportunities, you will be asked to provide an official transcript from your educational experience at the University of Virginia. Please visit the University Registrar's Office at (<http://www.virginia.edu/registrar/transcript.html>) for complete instructions on how to acquire an official copy of your transcript.
- **Consultation appointments** – Appointments run 45 minutes in length, and can be conducted either in-person or via telephone. The fee for appointments is based on the number of years since graduation. 1-12 years since graduation = \$50 for Alumni Association members, and 13+ years since graduation = \$70 for Alumni Association members. Your U.Va. Alumni Association membership dues can be paid at time of first appointment and still receive the discount appointment rate. If you are interested in a consultation appointment, you must complete the Career Consultation Individual Information Form (<http://www.alumni.virginia.edu/career/forms/clientinfo.asp>) online at least 48 hours prior to appointment.

Other U.Va. resources include these offices that provide career services to students.

- University Career Services (434) 924-8900
- Commerce Career Services (434) 924-7986
- Engineering Career Development. (434) 982-2344
- Darden Alumni Career Services (434) 924-4876
- Law Career Services (434) 924-7349

University Career Services Network (UCAN)

UCAN is a career-networking tool developed by the Alumni Association to help connect you with other U.Va. alumni. More than 18,000 alumni have agreed to serve as career contacts to help U.Va. alumni and students with informational interviewing and networking. UCAN's alumni career contacts come from a broad range of professions and fields, and provide advice and perspectives regarding career paths, job search strategies, and companies. UCAN, a free alumni career resource, is a searchable database that is a component of the HoosOnline community (hoosonline.virginia.edu). To search the UCAN database to find career contacts, register to serve as a UCAN mentor to help other alumni, or update your personal directory listing, please visit HoosOnline.

In addition, the regional alumni clubs (www.uvaclubs.com) of the U.Va. Alumni Association can prove to be another valuable networking tool in helping you in your search.

Links to admission sites for U.Va. professional and graduate programs

Architecture

www.arch.virginia.edu/admissions

Curry School

www.curry.edschool.virginia.edu/admissions

Darden

www.admissions.darden.virginia.edu

Engineering

www.seas.virginia.edu/admissions.php

Graduate Arts & Sciences

www.artsandsciences.virginia.edu/grad/admission

Law

www.law.virginia.edu/admissions

Medicine

www.healthsystem.virginia.edu/internet/admissions

Nursing

www.nursing.virginia.edu/students/prospective.asp

Homecomings

In the fall, come back for class activities and a great time on Homecomings Weekend.

www.alumni.virginia.edu/events/homecomings

- Post-game tent behind Mem Gym for young alumni
- Major concert in John Paul Jones Arena
- Pre-game tailgate
- Lectures by top professors
- Fraternity/Sorority receptions
- Student Group receptions

Reunions

Get back together with your class, your student organization, your sorority or fraternity—the group of people that mean the most to you.

- Reunions and Class Activities
www.virginiareunions.com
- Class Notes
www.hoosonline.com

Mary Elizabeth Luzar

Young Alumni and Class Director:

434-243-9049

maryelizabeth@virginia.edu

- Undergraduate Reunions are held the first weekend of June every year.
- www.virginiareunions.com
Look out for your class reunions at your class website

ALUMNI HALL

- Become a Member:
www.alumni.virginia.edu/apps/ebusiness/membership.asp
- Make a gift:
www.alumni.virginia.edu/apps/ebusiness/onlinegiving.asp
- Information & Resources:
www.alumni.virginia.edu/information.asp
- About Alumni Hall:
www.alumni.virginia.edu/about/
- Upcoming Events:
www.alumni.virginia.edu/apps/calendar/
- FAQ:
www.alumni.virginia.edu/about/howdoi.asp
- Web Resources:
www.alumni.virginia.edu/about/webresources.asp

PROGRAMS AND SERVICES:

- www.alumni.virginia.edu/programs.asp
- **U.Va. Magazine**
www.uvamagazine.org
Review past and current issues, send us your Class Notes, or submit a letter to the editor
- **Career Services Center**
www.alumni.virginia.edu/career/
From UCAN to one-on-one conferencing, find excellent career advice here
- **Cavaliers Care**
www.uvaclubs.com/cavalierscare/
A nationwide volunteerism initiative
- **Clubs**
www.uvaclubs.com/clubs/
There are clubs in almost every state and many countries
- **Alumni Interest Groups**
www.alumni.virginia.edu/reunions/interestgroups.asp
Special interest alumni organizations
- **Membership**
www.alumni.virginia.edu/membership/
Members not only support our services, they receive a host of benefits

- **Offers & Merchandise**
www.alumni.virginia.edu/merchandise/
 Popular items and discounts for alumni
- **Reservations**
www.alumni.virginia.edu/reservations/
 Alumni Hall offers several rooms for rent to Alumni and University departments
- **Reunions**
www.alumni.virginia.edu/reunions/
 Making new memories with old friends
- **Student Programs**
www.alumni.virginia.edu/student/
 Various programs for students, including the Class Councils and 4th Year Trustees
- **Travel**
www.alumni.virginia.edu/travel/
 Get out of town! (with other U.Va. Alums)
- **Young Alumni Council**
www.alumni.virginia.edu/youngalum/
 Serving the last twelve graduating classes
- **Scholarships & Funds**
www.alumni.virginia.edu/scholarships.asp

Athletics

- **Athletics Web site**
<http://virginiasports.collegesports.com/>
- **Tickets**
<http://virginiasports.collegesports.com/tickets/va-tickets.html>
- **Sports Schedules**
<http://virginiasports.collegesports.com/calendar/va-calendar.html>
- **Virginia Athletic Foundation:** Tickets are scarce, so here is how to get good seats.
www.virginiaathleticsfoundation.com/index.php
- **ACC Web site**
<http://theacc.collegesports.com/>
- **The Sabre** – an independent U.Va. sports Web site:
www.thesabre.com/home

Alumni Profiles

- Facts at a Glance: www.virginia.edu/Facts/index.html
- Alumni Facts:
www.virginia.edu/Facts/Glance_Alumni.htm
- Many past and present political leaders are graduates of the University, including President Woodrow Wilson; Senators Robert and Edward Kennedy, John Warner, Charles Robb, George Allen, and B. Evan Bayh III, and Christopher “Kit” Bond; and Governors Janet Napolitano, Gerald Baliles, Angus King, and Lowell Weicker.
- The University has also produced leaders in the arts, including Louis Auchincloss, Lewis Allen (the Broadway producer of Annie), Mark Johnson (the movie producer of Rain Man and Good Morning, Vietnam), Henry Taylor (the 1986 Pulitzer Prize winner for poetry), and Edgar Allan Poe.
- Other notable alumni include astronauts Kathryn Thornton and Karl Heinze, State Supreme Court Justices Leroy R. Hassell and John Charles Thomas, medical pioneer Walter Reed, Palestinian spokeswoman Hanan Ashrawi, and broadcast journalists Katie Couric and Britt Hume.
- Notable Alumni: www.virginia.edu/notablealumni/

Total living alumni	180,239
Alumni with multiple degrees	20,311
Alumni who are women	42%
Alumni who are African American	5%
Alumni who are Asian	4%
Alumni who are Latino	1%
Alumni who have graduated since coeducation in 1970	86%
Alumni who have graduated since 1990	44%
Alumni living in the mid-Atlantic area	54%
Alumni living in Virginia	41%

Returning to Charlottesville

Travel by Air:

- US Airways has international flights that connect to Charlottesville through the Airline's international gateways of Charlotte, North Carolina; Philadelphia, Pennsylvania; Pittsburgh, Pennsylvania; and New York, New York's LaGuardia Airport.
- United Airlines has international flights that connect to Charlottesville through the airline's international gateways of Washington, DC, Dulles Airport.
- Delta Airlines has international flights that connect to Charlottesville through the airline's international gateways of Cincinnati, Ohio; and Atlanta, Georgia.
- It is possible to fly into a nearby airport and drive to Charlottesville. The Dulles Airport in Washington DC (2 hours drive) and the Richmond, Virginia airport (1 1/2 hours drive).

Travel by Train

www.amtrak.com

Hotels

www.alumni.virginia.edu/reunions/weekend/accommodations.asp

- Keswick Hall at Monticello – www.keswick.com (434) 923-4372. Stunning Tuscan style mansion set in the rolling hills near Charlottesville. Boasts an 18 hole golf course described by Arnold Palmer as “one of the best on the East coast.”
- Boars Head Inn – www.boarsheadinn.com (800) 476-1988. Guest rooms and suites with fireplaces and balconies overlooking the rolling countryside of the Blue Ridge Mountains. Full service spa available. Birdwood golf course ranked by Golf Digest as one of the top ten collegiate courses in America.
- 200 South Street Inn – www.southstreetinn.com (434) 979-0200. Located in the Historic Downtown district, just steps to fine dining, shopping and The University. Rooms with private baths, fireplaces and canopy beds.
- The Inn at Court Square – www.innatcourtsquare.com (866) INN-CTSQ. Limited number of luxury rooms located in the oldest house in Historical Downtown Charlottesville. Guestrooms include private baths, whirlpool tubs and working fireplaces. Decorated with fine antiques and reproductions available for purchase.
- Omni Charlottesville Hotel – www.omnihotels.com (434) 971-5500. Full service hotel conveniently located on the west end of the charming Downtown Mall.
- Courtyard Marriott – www.marriott.com (434) 977-1700. Full service hotel located within walking distance of the University Corner.
- Days Inn – www.daysinn.com (434) 293-9111 Located on Emmet Street within walking distance of many area restaurants.
- Red Roof Inn – www.redroof.com (434) 295-4333 Located on West Main Street on the University Corner.

Stay Connected

- www.hoosonline.com
- www.uvatogo.net
- E-mail forwarding
www.hoosonline.virginia.edu
- Reunions
www.virginiareunions.com
- U.Va. Magazine
www.uvamagazine.org
- Cavalier Daily
www.cavalierdaily.com
- TopNewsDaily
www.virginia.edu/topnews
- Class Notes
www.hoosonline.com